



# Three Horseshoes

## *Country Inn & Spa*

• EAT • SLEEP • SPA • MEET • LOVE • PARTY •

# MENU

## Adapted for Gluten Free

**On Ordering Please Ensure You Quote Gluten Free**

### NIBBLES

**Picante Green Olives** £2.95 ✓

**Crispy White Bait, Marie Rose** £3.75

### TO START

**Soup of the Day, Gluten Free Bread** £5.45

**Chicken Liver Pate, Muscat Poached Rhubarb, Pomegranate, Rhubarb Chutney & Pistachio** £5.80

**Light Casserole of Smoked Haddock, Young Leeks, Jersey Potato, Slow Poached Egg, Chive Vinaigrette** £6.45

**Ballontine of Ham Hock, Textures of Garden Peas, Pickled Shallot & Scratchings** £6.50

**Wye Vally Asparagus, Wild Garlic & Asparagus Soup, Candied Hazelnut** £5.75 ✓

**Spring Salad of Kale, Avocado & Edamame Beans, Goats Curd & Puffed Quinoa** £5.75 / £11.75 ✓

### SANDWICHES

Served in Gluten Free Bread, with Root Vegetable Crisps (*available until 5 p.m.*)

**Hot Roast Meat of the Day** (*available 12-2*) £6.75

**Maple Roasted Ham, Tomato** £6.70

**Free Range Egg Mayonnaise, Chives** £6.20 ✓

**Line Caught Tuna, Mayonnaise, Cucumber & Parsley** £6.55

**Slow Roasted Topside of Beef, Watercress & Caramelised Onion** £6.75

## FAVOURITES

### Carvery Roast

*(Monday – Saturday Lunch 12 – 2 Saturday Evenings 6 – 8.30 Sunday All Day 12 – 8.30)*

Local Roast served with a selection of fresh market vegetables, potatoes, all the trimmings & Gluten Free Gravy

Small £6.75    Regular £10.95    Go Large £14.95    Vegetables Only £7.95 ✓

### Roasted Topside of Longhorn Beef *(Mon- Fri evenings, when Carvery is not available)*

Roast Potatoes, Seasonal Vegetables & Gluten Free Gravy £10.95

### Honey & Mustard Baked Ham

Slow Cooked Poached Egg, Ragout of Peas & Broad Bean, Pickled Mustard Seed, *Triple Cooked Chips\** £13.95

### Market Fish of the Day

See our Specials Menu for details & Check to see if dish is suitable £<sub>market price</sub>

**10oz Rib Eye Steak** £17.95

**8oz Sirloin Steak** £16.95

Aged for 35 Days, Served with Triple cooked Chips\*, Field Mushroom & Herb Roasted Tomato

Peppercorn Sauce £2    Stilton Sauce £2    Garlic Butter £1    2 Duck Eggs £2

## SIGNATURE

*(Not available Sundays)*

### Rump of New Season Lamb

Ratte Potato Fondants, Spring Vegetables & Shallot Puree £18.25

### Mustard Crusted Fillet of English Pork

Pickled Sweetheart Cabbage, Caramelised Onion £17.40

### Slow Cooked Supreme of Cumbrian Chicken

Truffled Pomme Puree, King oyster Mushroom, Wild Garlic & Glace. £16.80

## SIDE

<b>Hand Cut Chips*</b>	£3.50	<b>Cabbage &amp; Pancetta</b>	£3.20
<b>Buttered Mash</b>	£3.20	<b>Buttered Spring Greens</b>	£3.20

## TO FINISH

### Sicilian Lemon Panna Cotta

Caramelised White Chocolate £5.45

### Meringue

Seasonal Fruits, Sweet Chantilly £4.50

### Selection of British Cheeses

Smoked Lincolnshire Poacher, Harrogate Blue & Bosworth Ash

served with Gluten Free Accompaniments £6.45

### IMPORTANT INFORMATION

IT IS THE CUSTOMERS RESPONSIBILITY TO INFORM THE WAITER WHILST ORDERING OF ANY ALLERGENS

WE DO NOT LIST ITEMS THAT MAY CONTAIN A ALLERGY & CAN NOT GUARANTEE CROSS CONTAMINATION

\*ALL OF OUR FRIED PRODUCTS WILL HAVE BEEN COOKED IN THE SAME OIL AS A ITEM WITH GLUTEN